

SMS4dads



There's not a lot out there that speaks directly to Aboriginal dads

SMS4dads supports Aboriginal men in their role as fathers



Tell our new or soon-to-be dads to



JOIN UP



SMS4dads sends tailor-made messages and support to Aboriginal and Torres Strait Islander dads via their mobiles.

It's especially for soon-to-be fathers and dads with a bub under 12 months old.

NO COST



Text messages are linked to the baby's birth date – so they fit with what's usually going on. If a dad says he's not coping, an Aboriginal Health Worker can get in touch and offer some support.

SMS4dads is FREE. It's now available to ALL DADS across Australia