

Wati Pirniku & SMS4Deadly Dads Fatherhood Project

National Men's Health Gathering
Brisbane October 22-24 2025

Uncle Mick Adams

Michael Whitehead

Richard Fletcher





*We acknowledge the traditional owners of the lands on which
we live and work and pay our respects to all Aboriginal and
Torres Strait Islander peoples and their elders past and present.*



Ngaanyatjarra

From consultation across the Ngaanyatjarra Lands, there is a strong desire to take action to create positive, strong pathways for the future that will allow Yarnangu to walk in both worlds with agency and purpose.

WARBURTON COMMUNITY MEN'S PLAN

STRONG MEN

Men gathering

Men's hub

Men's rehabilitation program

Men's role model program

On-Country and ranger programs

Positive father's program



Support to your mobile phone



Governance and Leadership

Dads join up **FOR FREE** from 12 weeks into a pregnancy

They **receive 3 messages** each week up until bub's first birthday

The texts help dads to

- Connect with his baby
- Look after his health & wellbeing
- Support his partner

More than **800 First Nations** fathers have already registered



What are the messages like?

I'm looking forward to having a go at breastfeeding Dad.

Mum and I might need some help though. You on the team?

Watch this short [video](#) of dads yarning about breastfeeding.

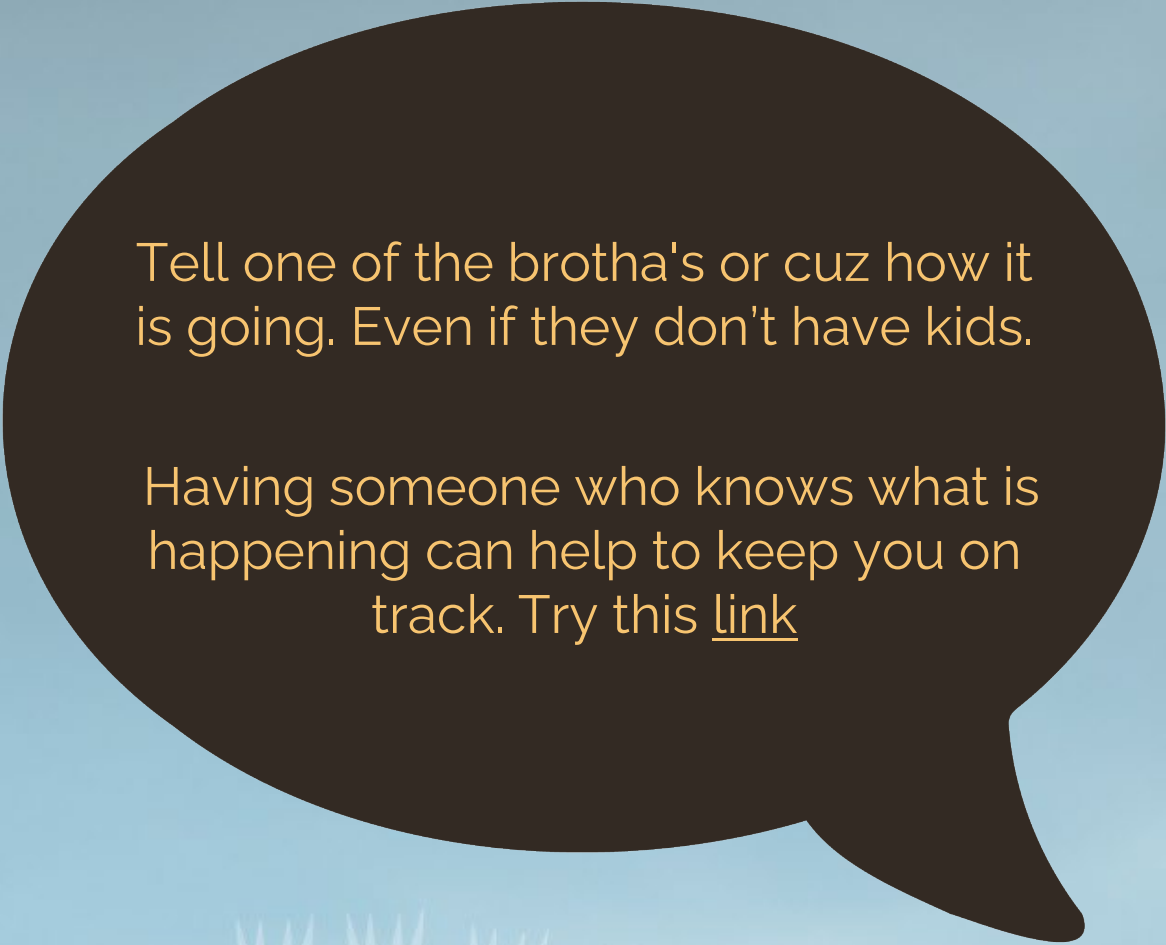
MESSAGE SENT

**At 17 WEEKS OF
PREGNANCY**

I'm nearly as long as a footy now Dad. My legs are growing and I might try shake-a-leg. Imagine that!

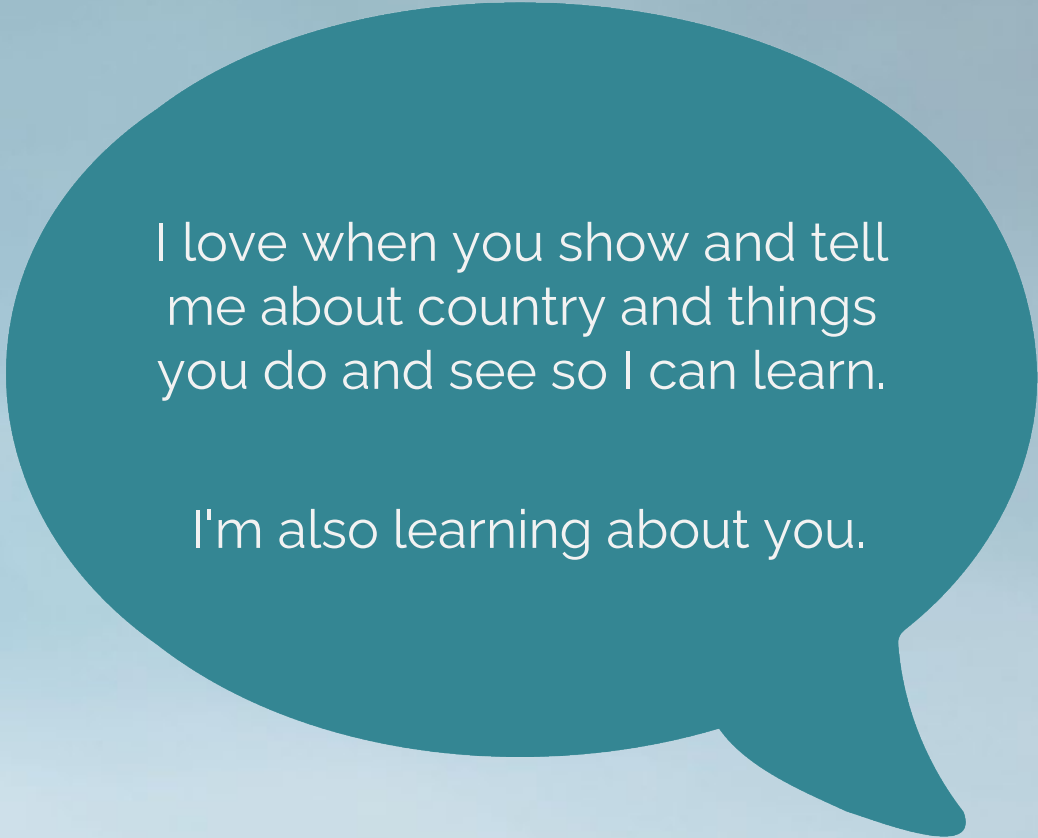
MESSAGE SENT

**At 19 WEEKS OF
PREGNANCY**



Tell one of the brotha's or cuz how it is going. Even if they don't have kids.

Having someone who knows what is happening can help to keep you on track. Try this [link](#)



I love when you show and tell me about country and things you do and see so I can learn.

I'm also learning about you.

If you want to go out for a night, make sure Mum & I will be alright.

Mum could be struggling without support. Here's some advice from Uncle Mick





What dads say

When I get a message about something we might not know, I forward the message on to her (my partner). We're kinda learning together.

Some of them messages actually made me cry. And some of made me really cheerful.

Thanks 4 da advice Unc.

It's been deadly!

The whole mob is learning from it.

The Aims of the project are to:

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- Raise awareness of fathers' role in the development of healthy infants and children.
- Increase fathers' contribution to a healthy pregnancy.
- Link distressed new fathers to online and local mental health support.
- Increase fathers' secure attachment to his infant and emotional and practical support for his partner.
- Raise awareness of STIs and actions to prevent contracting or passing on STIs.





Warburton
first visit

NGANYATARRA
HEALTH SERVICE
(ABORIGINAL CORPORATION)

WARBURTON MEN'S HEALTH CENTRE

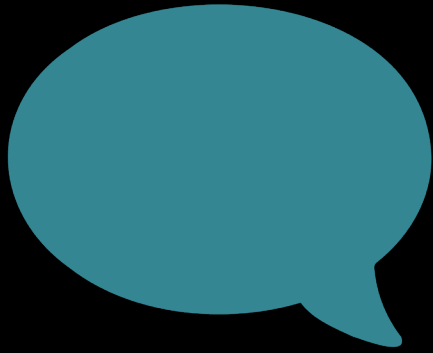
OPEN MONDAY TO FRIDAY
9am to 12noon - 2pm to 4.30pm

CENTRE IS FOR MALES ONLY
(OVER THE AGE OF 15yr's & ABOVE.)

Females requesting access to please contact prior to accessing site:
PHONE: 8905 9073

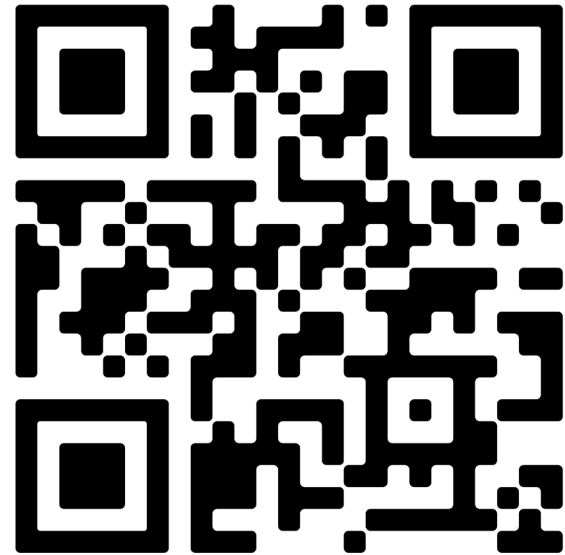
CENTRE CLOSED WEDNESDAY AFTERNOONS FROM 12noon
& WEEKENDS AND PUBLIC HOLIDAYS





WHERE TO FROM HERE?

*Ways to get involved with
SMS4DeadlyDads to better
support new fathers*



Scan QR code to find out more



SMS4DeadlyDads.com

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